

w/b 2nd August 2015 - Fix our eyes on Jesus
Group study notes/ Vic Everitt

Read Hebrews 12:1-3 *Fix our Eyes on Jesus*. (“Isn’t He Beautiful?”)

1. Verse 1 begins with “witnesses”.
 - Have you ever witnessed an event that you had to talk about because what you saw was important (Eg. A traffic accident, a fight, a dispute) and if so how did you feel?
 - We are surrounded by people watching us.
 - i. If we behave in an ungodly way, what does that communicate to the onlooker?
 - ii. Is this something that we need to take seriously?
 - iii. What should we do if we think “God will forgive me”? Does this excuse us?
 - iv. Are there particular areas where you are weak and is there a remedy?

2. Verse 1 continues “*let us throw off....*”
 - Are there things that you are aware that with God’s help you have thrown off?
 - Are there “hindrances” or “sins” that God has spoken to you about but you have not yet done anything about them yet?
 - i. The psalmist says to God “search me O God...” (Ps 139:23) are you brave enough to pray like he did?

3. The first two questions are good pieces of advice and can feel like ‘the law’ but the writer goes on to invite us to “*fix our eyes on Jesus*”.
 - What arguments does he use?
 - What was the story about Robert Sanchez told to illustrate?
 - What practical ways do you find helpful to keep you focussed on Jesus?
 - i. Is it helpful to have pictures of Jesus to look at?
 - ii. Why is it helpful to read the Bible each day? Is this something you need to start doing? Do you need help?
 - iii. Do you find hymns and songs helpful and if so which songs and how do they help you?
 - iv. Think about and go to bed thinking “*Isn’t He wonderful, wonderful ...*” (John Wimber)
 - v. You might like to pause for a moment and worship!