

ROMANS 8:1-17

INTRODUCTION

The book of Romans contains an amazing message from God that we have been set free from the grasp of sin on our lives and loved beyond all measure by our amazing Father God who sent His beautiful Saviour Son Jesus to planet earth. A sacrifice for our sins once and for all! Forever!

Read the passage below.

Romans 8:1-17 (English Standard Version (ESV))

Life in the Spirit

1 There is therefore now no condemnation for those who are in Christ Jesus.[a] **2** For the law of the Spirit of life has set you[b] free in Christ Jesus from the law of sin and death. **3** For God has done what the law, weakened by the flesh, could not do. By sending his own Son in the likeness of sinful flesh and for sin,[c] he condemned sin in the flesh, **4** in order that the righteous requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. **5** For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. **6** For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. **7** For the mind that is set on the flesh is hostile to God, for it does not submit to God's law; indeed, it cannot. **8** Those who are in the flesh cannot please God.

9 You, however, are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. **10** But if Christ is in you, although the body is dead because of sin, the Spirit is life because of righteousness. **11** If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus[d] from the dead will also give life to your mortal bodies through his Spirit who dwells in you.

Heirs with Christ

12 So then, brothers,[e] we are debtors, not to the flesh, to live according to the flesh. **13** For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live. **14** For all who are led by the Spirit of God are sons[f] of God. **15** For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, "Abba! Father!" **16** The Spirit himself bears witness with our spirit that we are children of God, **17** and if children, then heirs—heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.

LAUNCH

- 1) We heard a little bit about Paul's life before he met Jesus on Sunday. (You may want to refer to Acts 9:1-15) What are the clues in this passage about Paul's previous life?
- 2) God completely set Paul free from his previous life, He has done the same for you and I! "There is therefore now no condemnation" – when you read this verse what does it mean to you?

DISCOVERY AND UNDERSTANDING

- 1) Paul starts Romans telling us that he is a servant of Christ Jesus. He was also saying that he was a slave to Christ. What do you think he meant when he said this?
- 2) The word Flesh also means to make a decision without including God. How do you think we can sometimes do this?
- 3) Rather than excluding God from things in our lives, how do you think we can make sure we include God in everything we do?

- 4) We heard on Sunday how powerful God is compared to things around us however we don't always consider this when things fall apart in our lives. Can you think of a situation recently where this happened to you?
- 5) The Holy Spirit sets us free from fear! There are multiple verses in the bible where God is telling us this. We also heard on Sunday that "if we feed our faith, our fears are starved to death!" Can you think of ways to feed your faith?

APPLICATION

- 1) Encourage one another with what you have found in the last question!
- 2) We heard on Sunday how "A saved soul reflects the image of a savior God. Can you think of ways you could reflect Jesus.
- 3) Rom 1:12 says that you and I may be mutually encouraged by each others faith. Pray for one another to be filled with the Holy Spirit, ask God for words, pictures verses for each other.

- 4) I'm reading a book about connecting its called Connecting by Larry Crabb – he say this about the power of God in us –

To finish off -

I'm reading a book called Connecting by Larry Crabb. Here is a great quote!

"Only two things have ever changed a human soul: the fall and grace, the power of Satan and the power of God. And God is infinitely more powerful. Nothing is stronger than grace. Satan doesn't have any God is defined by it! There is a power within the life of every Christian waiting to be released, a power that could lead to further and deeper change, a power within you that could help someone else connect more intimately with the heart of Christ."