

w/b 13th January 2019 THEME: OUR LOVING FATHER

PASSAGE: Matthew 6:25-34

LAUNCH

Can you think of a time when you worried about a situation in your life?

Where did you think your help or support would come from?

DISCOVERY

Discuss the reasons outlined in this passage why we are not to worry.

How does God care for birds and flowers? How do birds and flowers react to God's care?

What should humans learn from this?

Why should we trust God?

The definition of the word 'anxious '(or worry) in this passage is a combination of two smaller words. It means, 'to divide the mind.' How does worry divide the mind? *Philippians 4:6-7, 12-13, 19, Proverbs 30:7-8, 1 Timothy 6:9-10*

Jesus says, "your life is more than food" Matthew 6:25. In what way is life more than food? How specifically does that speak to our anxiety about food?

According to verse 33, what should we do instead of worrying? Why?

What 'things' will be added when we seek the kingdom of God and His righteousness first?

UNDERSTANDING

What do you need to believe about God's heart towards you in order to fully trust Him for your earthly needs?

What insecurities or fears do you struggle with that might block your ability to trust God?

How can you apply Jesus' teachings to the things you need or the things that cause you to worry? (Consider not just food and clothes but also safety, health, relationships, the future, etc.)

How can we express dependence on God as we use our faith to trust Him for our daily needs?

APPLICATION

Spend time praying as a group that as we engage in the Father Heart sessions over four Thursday evenings in Jan/Feb we will develop a closer and more intimate relationship with our Father in heaven.

Sourced: Vineyard Columbia Fatherhood study series (mainly).

Also desiring God (one question) and Redeemer Lutheran church (one question).