

w/b 28th July 2019

THEME: TRANSFORMATION - NEW RESOURCES/STAND FIRM

PASSAGE: PHILIPPIANS 4:1-9

LAUNCH

Can you remember a time when you felt 'under siege' in some way? It may have been in a discussion, game or particular situation. How did you respond and why?

DISCOVERY & UNDERSTANDING

What are some of the ways in which you need to stand firm against the attacks of the enemy? What can help you in achieving this?

Why is unity so important in the life of a church and why are splits & divisions so harmful? How do we go about encouraging increased unity?

The Westminster Shorter Catechism says that the chief goal of man is to 'glorify God and enjoy him forever'. Do you agree with this and if so how can you go about glorifying and enjoying God more?

What are your chief sources of anxiety? Why does prayer alleviate anxiety? What do you think Paul means by 'the peace that passes all understanding?' (v4-6,7)

Philippians 4:8 is a truly remarkable verse. What things do you need to possibly tweak to make it increasingly true for you? Key areas might include: books, films, TV & music lyrics.

APPLICATION

Pray for any situations causing anxiety to any members of the group

Pray for an ability to stand firm in testing circumstances

(A Life worth Living' Study guide, David Stone - amended and a few additional questions)